

## 2025 U.S. Wellness Activities: Getting Started Guide

Bank of America continues to deliver on our commitment to be a Great Place to Work by providing benefits, programs and resources to support your wellness. Learn more about your health and keep a wellness credit of up to \$500 (or up to \$1,000 for you and a covered spouse or partner) by completing and submitting all three 2025 U.S. Wellness Activities **within two months of the effective date of your medical coverage**.



**Note:** Completing your health screening does not satisfy the requirement of attesting to you having a PCP and having had an annual physical with your PCP in the last 12 months. To keep the additional \$250 credit for attesting to having a primary care provider (PCP) and having had an annual physical within the past 12 months, **you must also complete the health questionnaire and health screening**.

### Get started by registering for My Wellness:

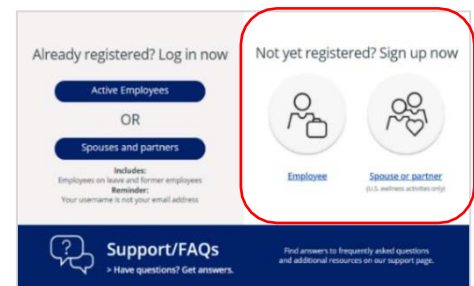
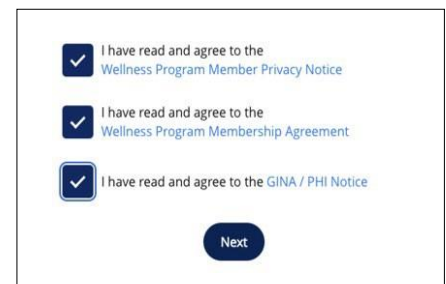
1. If you're new to [My Wellness](#), select **Employee** below **Not yet registered? Sign up now**.
2. Enter your first name, last name, Bank of America Person Number and select the "Continue" button. If you don't know your Person Number, use [Employee Virtual Assistant](#) and live chat with a service desk representative.

The covered spouse or partner should select **Spouse or Partner** below **Not yet registered? Sign up now**.

- Spouse or partner then enters their first and last name, their date of birth, the work state of the Bank of America employee, and selects the "Continue" button.
- Follow the prompts to create a unique username and password. Select "Continue."

3. On the next screen, review and select the boxes to agree with the Wellness Program Member Privacy Notice, the Wellness Program Membership Agreement and the GINA/PHI Notice.

**Note:** Personify Health, formerly Virgin Pulse, is our administrator for Wellness Activities. Personify Health is a HIPAA-compliant vendor, and the personal health information you provide on this site won't be shared with Bank of America.





The screenshot shows a screen with three checkboxes, all of which are checked:
 

- ☒ I have read and agree to the Wellness Program Member Privacy Notice
- ☒ I have read and agree to the Wellness Program Membership Agreement
- ☒ I have read and agree to the GINA / PHI Notice

 At the bottom right, there is a blue 'Next' button.

4. Complete the **Sign Up** registration by providing a username, an email address and a password.
  - Use a personal email or your bank email – whichever you prefer.
  - This will be your username and password to log into [My Wellness](#).



**Sign Up**

USERNAME  
Create your username

YOUR EMAIL  
Enter your preferred email  
You can't leave this blank.

CREATE PASSWORD  
Create a new password

### Access the My Wellness Platform:

Once you are registered on [My Wellness](#) and logged in, select the **Active Employee button**, using the username and password that you just created.

Access the [My Wellness](#) platform by using:

#### 1. Bank of America network:

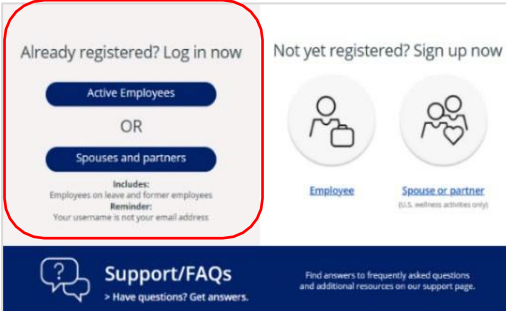
- You have access to Single Sign-On (SSO).
- With an SSO, you will not need to provide a username or password.

#### 2. Off Bank of America network:

- You will need to go through an authentication process. Go to [My Wellness](#), provide your Standard ID and password, and then authenticate through Flagscape Authenticator.

#### 3. Through the Personify Health app:

- After downloading the Personify Health mobile app from iTunes or Google Play, enter the username and password that you may have created for the 2024 Wellness Activities or for the 2024 Get Active! Challenge.
- If you don't have a current account, create one by following the instructions provided on [My Wellness](#).



Already registered? Log in now


Active Employees


OR


Spouses and partners

Includes:  
Employees on leave and former employees  
Reminder:  
Your username is not your email address

Not yet registered? Sign up now

 Employee

 Spouse or partner  
(U.S. wellness activities only)

 **Support/FAQs**  
> Have questions? Get answers.

Find answers to frequently asked questions and additional resources on our support page.

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